# **Sixteenth Annual Colloquium Program** (Virtual)

8:30-8:40 a.m.

### **Introduction & Welcoming Remarks**

**Lenard W. Kaye, DSW, PhD,** Director, Center on Aging and Professor, School of Social Work, University of Maine, Orono, ME; **Kody Varahramyan, PhD,** Vice President for Research and Dean of the Graduate School, University of Maine, Orono, ME; **Susan Wehry, MD,** Chief of Geriatrics & Pl/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care University of New England College of Osteopathic Medicine, Biddeford, ME

8:40-9:20 a.m.

## The Pandemic's Impact on the Physical and Mental Health of Older Blacks, Asians and Hispanics

**Peter A. Lichtenberg, PhD, ABPP,** Director Institute of Gerontology and Merrill Palmer Skillman Institute, WSU Distinguished Service Professor, Professor of Psychology, Wayne State University, Detroit, MI; **Wassim Tarraf, PhD,** Associate Professor, Institute of Gerontology & Department of Healthcare Sciences, Wayne State University, Detroit, MI

9:25-10:05 a.m.

#### Designing Health Promotion and Disease Prevention Programs for Vulnerable Populations

**Jada Bussey-Jones, MD,** Chief of General Medicine and Geriatrics, Grady Memorial Hospital and Director of Education, Urban Health Initiative, Emory University, Atlanta, GA

10:10-10:50 a.m.

## Preparing the Future Workforce for the Delivery of Equitable Older Adult Health and Human Services

Robert Espinoza, MPA, Vice President of Policy, PHI, Bronx, NY

10:50-11:10 a.m.

**Break** (Stretch, take a short walk, or just relax!)

### 11:10 a.m.-12:10 p.m.

## Panel: Advancing Diversity, Equity & Inclusion in the Delivery of Age Friendly Health Care

Facilitator: Jacqueline Friedman Kreinik, MS, RN, Nurse Consultant & Project Officer, Division Of Medicine & Dentistry, Bureau of Health Workforce, Health Resources & Services Administration. Rockville. MD

Panelists: Anna C. Faul, PhD, DipACLM, Executive Director and Professor, Certified Lifestyle Medicine Professional, Trager Institute, University of Louisville, Louisville, KY; Naushira Pandya, MD, FACP, CMD, Professor and Chair, Geriatrics Department at NSU; Kiran C. Patel College of Osteopathic Medicine, and Director, Geriatrics Workforce Enhancement Center, Nova Southeastern University, Fort Lauderdale, FL; Aanand D. Naik, MD, Robert J. Luchi, MD Chair in Geriatric Medicine, and Director, Southeast Texas Geriatrics Workforce Enhancement Program, Baylor College of Medicine, Houston, TX

12:10–1 p.m.

**Lunch Break** 

### 12:20–12:50 p.m.

## EngAging Project: Stories and Support for Health through Connection

**Grace Ellrodt,** Presenting health/environment thesis project in completion of BA from Bates College. To preview: www.engagingproject. com

1-2 p.m.

#### **CONCURRENT WORKSHOPS**

# WORKSHOP A: Understanding Why Diversity, Equity, and Inclusion Are Important to Your Organization

**Ayana King,** CEO and Founder, Maximum Communications, LLC, Detroit, MI

#### WORKSHOP B: Best Practices with LGBTQ+ Older Clients and Patients

**John Hennessy,** Director of Advocacy and Networks, Episcopal Maine, Portland, ME

# WORKSHOP C: We Are More Than Our Gray Hair: Rethinking Age and Ageism in the Healthcare Setting

Mary Lou Ciolfi, JD, MS, Program Manager, Center on Aging, University of Maine and Aging Services Consultant, Education -Consulting - Policy Research, Orono, ME

### WORKSHOP D: Sensitizing Health and Human Services Providers to Racial Equity, Implicit Bias and Diversity Issues

**David Patrick, MSW,** Co-Founder, Racial Equity & Justice Firm, Bangor, ME; **Desiree Vargas,** Co-Founder, Racial Equity & Justice Firm, Bangor, ME

2-2:20 p.m.

**Break** (Stretch, take a short walk, or just relax!)

2:20-3:20 p.m.

## Panel: Lightning Panel: Promising DEI Practices in Maine Organizations

Facilitator: Kelley Strout, PhD, RN, Director and Associate Professor, School of Nursing, University of Maine, Orono, ME Panelists: Jess Maurer, JD, Executive Director, Maine Council on Aging; Noel Bonam, Maine State Director, AARP, Portland, ME; Jake Grindle, Senior Program Officer, Maine Health Access Foundation, Augusta, ME; Marwa Hassanien, MS, MEd, System Director, Diversity, Equity, and Inclusion, Northern Light Health, Bangor, ME

3:20-3:30 p.m.

### **Closing Remarks**

**Lelia DeAndrade, PhD,** Vice President of Community Impact, Maine Community Foundation, Portland, ME