THE UNIVERSITY OF MAINE
Center on Aging

Technology Resources to Support Virtual Volunteers

Devices and Broadband

AFFORDABLE CONNECTIVITY PROGRAM (ACP) provides discount internet and devices for those who qualify. Printable, mail-in applications are available. Learn more and apply at **affordableconnectivity.gov.**

LIFELINE provides discount or no-cost telephone service, internet, or bundled packages. Most consumers apply through **nv.fcc.gov/apply.**

INTERNET ESSENTIALS BY COMCAST is an affordable internet service program starting at $10/month. Learn more at **xfinity.com/learn/internet-service/internet-essentials.**

Training and Guides

OLDER ADULT TECHNOLOGY SERVICES (OATS) AND SENIOR PLANET teach older adults how to get online with a special focus on social connection, wellness, and "aging with attitude." Instruction for older adults is free. Learn more at **oats.org** and **seniorplanet.org.**

CYBERSENIORS provides free technology support and training for older adults. Older adults can learn tech skills from a volunteer tutor, attend daily webinars, and use self-lead tutorials. Learn more at **cyberseniors.org** or call toll-free: **1.844.217.3057.**

DOROT is dedicated to alleviating social isolation. They have produced tech guides for Apple and Android mobile devices and Windows computers. Go to **dorotusa.org/tech-guides.**

OASIS CONNECTIONS provides affordable classes, support for creating technology classes, and free online safety/privacy resources. Learn more at **connections.oasisnet.org.**

ASSISTIVE TECHNOLOGY PROGRAMS provide device loans and training support for those who may need accommodations. You can learn more about assistive technology and find your state agency at **at3center.net.**

The University of Maine Center on Aging does not endorse these tools but instead wishes only to share them as resources.

These resources were compiled via research interviews with experts in the field. You can read about the Virtual Volunteerism Study at **mainecenteronaging.umaine.edu/vvstudy.**