



Course announcement for **Spring 2017**

GRN 501: Life Transitions and Health in Aging 3 credits, entirely online

GRN 501 IS ONE OF THREE COURSES IN THE
UMAINE INTERPROFESSIONAL GRADUATE
CERTIFICATE PROGRAM IN GERONTOLOGY

Course faculty:

Ruth Lamdan, MD, UMaine Adjunct Professor
and guest faculty
Contact: Ruth.Lamdan@maine.edu

Course topics include:

Ethnic, cultural, social and gender issues of aging
Developmental milestones of aging
Physiological and psychological aspects of aging
Concepts of cognitive and physiologic reserve
Common chronic illnesses, polypharmacy
Challenges for the caregivers of impaired older adults
Ethical principles in end-of-life decisions



The **Interprofessional Graduate Certificate Program in Gerontology** is designed to increase the knowledge, skills and abilities of health care and human service professionals who provide care to older adults in a variety of settings. The curriculum will meet the needs of working professionals who, because of the rapidly aging population, find themselves caring for a growing number of older adults. This 9-credit certificate program, consisting of three courses, is offered online.

More information about the certificate program is online:

<http://umaineonline.umaine.edu/>

You also may contact Len Kaye, Director of the UMaine Center on Aging and Professor of Social Work, (207) 262-7922, len.kaye@maine.edu, or Nancy Fishwick, Associate Professor of Nursing, (207) 581-2607, fishwick@maine.edu

What qualifications do I need to enroll in one or more courses?

You must possess a baccalaureate degree to take any of the graduate-level gerontology certificate courses. Currently enrolled graduate students may take one or more courses as electives in their program of study. Students enrolled in an undergraduate program who wish to take a gerontology course must seek permission of the course instructor.

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