Thirteenth Annual Clinical Geriatrics Colloquium
Innovative Living Environments for Older Adults

Friday, October 12, 2018
7:45 a.m. - 4:00 p.m.
Wells Conference Center
University of Maine
Orono, ME

Deadline for receipt of registrations: Friday, October 5, 2018

To register on-line with a credit card or electronic check:
mainecenteronaging.umaine.edu/geriatricscolloquium

Our Colloquium Sponsors
7:45–8:30 a.m. Continental Breakfast, Registration, Exhibit Touring and Networking

8:30–8:45 a.m. Welcome
Lenard W. Kaye, DSW, PhD, Director, UMaine Center on Aging and Professor, UMaine School of Social Work, Orono, ME

8:45–9:30 a.m. Housing Maine’s Growing Older Population
Daniel Brennan, Director, MaineHousing, Augusta, ME
Dan Brennan will discuss how MaineHousing has adapted its housing programs and added new programs to provide Maine’s growing older population with housing options that best meet their needs. The growing population of older adults challenges us to develop different housing solutions. In addition to its mission of providing quality affordable housing, recognizing the connection between housing and health, the importance of family and community connections, and housing that accommodates us as we age. Dan will review some of the programs MaineHousing offers—some long established and others in development—and the partnerships that have been forged.

9:30–10:45 a.m. Affordable Senior Housing: A Platform for Successful Aging in Community
Robyn Stone, DrPH, Senior Vice President for Research, Leading Aging LTSS Center at UMass Boston, Boston, MA
Over two million older adults currently live in some form of publicly subsidized senior housing. Thousands are on waiting lists for this affordable residential option. Several promising programs are demonstrating the potential for affordable housing to serve as more than shelter in both urban and rural communities across the country. Housing linked with local medical and social services, and focused on prevention, self-care management, service coordination and social engagement, is having a positive impact on the quality of life of low-income, vulnerable elderly residents, the quality of care delivered, and the costs of services paid by Medicare. This presentation will highlight the core elements of this model, suggest how local services and housing providers can partner to explore and replicate this type of program, and sumarize recent efforts to get sustainable funding for this approach.

10:45–11 a.m. Break and Exhibit Touring

11 a.m.–Noon Panel: Where do we go from here? Living alternatives when home doesn’t work
Facilitator: Jessica L. Maurer, Esq., Executive Director, Maine Council on Aging
Panelists: Thomas Battcock-Emerson, Principal, studioB-E Architecture; Angela Hunt, RTP, MS, Administrator, Chief Operating Officer, The Cedars; Greg Payne (invited); Susan Wehry, MD, Chief of Geriatrics, Department of Primary Care, University of New England College of Osteopathic Medicine.

Noon–1 p.m. Lunch

1:10–2:30 p.m. Concurrent Workshops
WORKSHOP A: Aging Friendly Design is (Wicked) Good Design
Leader: Evan A. Carroll, BArch, AIA, LEED, AP, Maine Licensed Architect, Principal and Founder, bild Architecture

WORKSHOP B: Fall Prevention through Tai Chi, Personalized Risk Assessment and In-Home Adaptions
Leader: Cavenaugh Kelly, MS, OTR/L, Occupational Therapist, Assistant Professor, Husson University

WORKSHOP C: Long Term Care Reimagined: The Household Model at The Cedars
Leaders: Kathy Callnan, President and CEO, The Cedars; Angie Hunt, Chief Operating Officer, The Cedars

2:30–2:50 p.m. Refreshment Break and Exhibit Touring

2:50–3:50 p.m. Panel: In Search of Intentional Housing: Personal Perspectives
Facilitator: Jennifer Crittenden, MSW, Assistant Director, UMaine Center on Aging
Panelists: Josephine Cirrinone, LSW, CCP, C-SWCM, Family Caregiver Specialist, Eastern Area Agency on Aging; Elizabeth Depoy, PhD, Professor, UMaine School of Social Work and Center for Community Inclusion and Disability Studies; Stephen Gilson, PhD, Professor, UMaine School of Social Work and Center for Community Inclusion and Disability Studies; Nancy Kelly, MSW, ACSW, Field Director, UMaine School of Social Work.

3:50–4:00 p.m. Closing Remarks
The aging-in-place movement has heightened the imperative that living environments meet the diversity of needs of older residents. Innovative approaches to making the residential environments of older adults safe, healthy, affordable, and personalized continue to challenge policy makers, planners, and service providers alike. High functioning housing communities are crucial to realizing the highest quality of life of older residents whether they reside in independent living, assisted living, memory care, or continuing care communities.

This year’s colloquium explores the many perspectives and insights aimed at insuring that the settings in which older adults live, work, and play enable them to flourish physically, socially, and emotionally.

Colloquium Objectives

Participants will:

• Understand the human dimension of planning specialized housing and communities for older adults
• Understand strategies for enabling older adults to age-in-place safely
• Review the decisions that need to be made when someone is considering moving to community and long-term care housing for older adults

Who Should Attend?

• Medical, health, and behavioral health professionals who work in the fields of aging, health care, housing, environmental design, aging-in-place, long-term care, and the social services
• Practitioners in allied health professions such as medicine, counseling, social work, nursing, law, and public health as well as public administration, architecture, and urban planning specialists
• Health care clinicians, administrators, researchers, educators, care managers, supervisors, as well as community and public planners and policymakers

Continuing Education Information — Certificates of Attendance provided for those who wish to apply for CEUs
Directions
University of Maine
Wells Conference Center

Driving to campus from the North or South:
Interstate Route 95 to Exit 193 - Stillwater Avenue. If traveling from the North, turn left on Stillwater Avenue at end of ramp. If traveling from the South, turn right on Stillwater Avenue at the end of the ramp. At the fourth traffic light, turn right onto College Avenue. Follow College Avenue approximately 1 mile to the Alfond Arena on your left. Turn left just after the Alfond Arena to enter campus on Long Road. A large campus map and directory are located on your right at the top of a small incline just after entering the campus. Wells Conference Center is located to the right, just after the large campus directory.

Please follow the pathway through a courtyard between Dunn Hall and Corbett Hall. The Wells Conference Center will be straight ahead. Please park in the Commuter Lots (signs with a C in Black lettering) or Visitor lots marked with “P”.

Parking

Parking Permits are required during regular business hours and will be sent to preregistrants in advance. They are also available from Conference Services in Chadbourne Hall, the Visitor Center at Buchanan Alumni House, Bear Necessities Store in the Alfond Arena, UMaine Public Safety Office and the Student Service Center in the Memorial Union.

If you have any special needs or questions, please call: Conference Services Division at 207-581-4092. The Dept. of Public Safety (24 hours daily) is on campus at 207-581-4040.

Colloquium Registration Form
The Thirteenth Annual University of Maine Clinical Geriatrics Colloquium
Innovative Living Environments for Older Adults
Friday, Oct. 12, 2018 • Wells Conference Center • University of Maine • Orono, Maine
Regular registration fee: $60.00 • Maine Gerontological Society (MGS) member fee: $40.00 • Student fee: $25.00
Exhibitor fee (includes 1 regular registration): $125.00

(Registration includes all colloquium materials, continental breakfast, lunch, and refreshment breaks.) Registration information for exhibitors can be found online:
mainecenteronaging.umaine.edu/geriatricscolloquium
Make checks payable to: UMaine Center on Aging
To register on-line with a credit card or electronic check (ACH) go to: mainecenteronaging.umaine.edu/geriatricscolloquium

Do you want a Certificate of Attendance? ___Yes ___No

Comments, special requests, and accommodations needed: ____________________________
____________________________________________________________________________
____________________________________________________________________________

If paying by check, detach and mail this form with your registration fee by Monday, Oct. 1:
UMaine Center on Aging
13th Annual Geriatrics Colloquium, Camden Hall,
25 Texas Ave., Bangor, ME 04401-4324

Questions?
Contact Kelley Morris:
207.262.7925 or kelley.morris@maine.edu

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