**Home safety checklist**

**Names in group:**

**Vehicle:**

* In/out seats
* Driving controls
* Wheelchair access inside vehicle
* Wheelchair access into vehicle
* Storing wheelchair/walker
* Parking area, walkway

**Entering the house:**

* Railings on stairs
* Sturdiness of stairs
* Contrast on stair edges
* Lighting
* Pitch/length of the ramp
* Ramp floor
* Width of doorway
* Outside door/screen door transition
* Door knob
* Mailbox access
* Lip, threshold

**Hallways:**

* Clutter
* Width
* Throw rugs
* Contrasts on floor
* Bumps, ridges, room to room transitions
* Lighting
* Chairs for rest breaks down hall

**Living room:**

* Ability to get down/up from chairs/couch
* Eating meals in chair
* TV remote
* Fall proof: sharp edges, glass
* Lighting
* Telephone (Lifeline, cell) access
* Wheelchair/walker access in/out of room
* Flooring
* Dusting
* Plant care

**Bedroom:**

* Access on/off/in bed
* Bed mattress
* Night lights
* Closet access
* Bureau access
* Phone access
* Standing support for dressing
* Access to laundry basket
* Wheelchair/walker access in/out of room
* Flooring
* Making bed

**Bathroom:**

* Wheelchair/walker access in/out of room
* Toilet height
* Clothes management (during toileting/showering)
* Toilet hygiene
* Shower access
* Shower controls (faucets)
* Shower floor
* Sink access
* Sink controls
* Towels access
* Laundry access
* Flooring
* Lighting
* Contrasts
* Medicine cabinet access
* Plunger/cleaning supply access

**Kitchen:**

* Access in cabinets to food/dishes/cups
* Wheelchair/walker access in/ out of room
* Access in drawers to silverware
* Access in refrigerator to food
* Stove: safety, visual, height
* Microwave access
* Pots and pans access
* Sink height/access
* Faucet access
* Sink drain access
* Detergent access
* Wash cloth access
* Broom closet access
* Garbage access
* Sweeping
* Mopping
* Plant care

**Walker:**

* Carrying: food, cell phone, tissue box, cup with fluids
* Oxygen line
* Width of walker
* Walker traction
* Walker sitting
* Walker transportation(fit in car/bus)

**Thermostat:**

* Controls

**Laundry:**

* Wheelchair/walker access in/ out of room
* Weight/access of detergent/bleach
* Access into washing machine/dryer
* Transporting dirty/wet/dry clothes
* Folding clothes
* Putting away clothes into drawer/closet
* Hanging clothes on line

**Animals:**

* Under feet
* Kitty litter box access
* Feeding/water dish access
* Putting animals out/in/leash
* Animal hygiene
* Pet access to bed

**Medications:**

* Visual/perceptual considerations with pill bottles
* Fine motor considerations with pill bottles
* Cognitive considerations
* Insulin: drawing out insulin, reading levels, dabbing blood on strip, cognitive processing

**Inside Stairs:**

* Railings
* Sturdiness
* Flooring
* Lighting/contrasts