Maine Older Adult Research Registry

What is a research registry?

A research registry is a list of individuals who want to participate in research studies. The goal of the Maine Older Adult Research Registry is to create a way to quickly recruit adults 50+ for research projects through the University of Maine and other partner organizations. The registry makes it easy for older adults to connect with and support research. The types of research projects vary and can include research on topics such as caregiving, Alzheimer’s and dementia studies; studies on health, volunteering, and testing new products; and services for older adults. The registry is a confidential list developed and maintained by the University of Maine Center on Aging.

mainecenteronaging.umaine.edu/registry
How it works

Those interested in becoming a participant of the registry will fill out a brief questionnaire and provide contact information so that we may reach out regarding new projects and research studies to join. The information you give us on the questionnaire will help us to match you to studies that may be of interest. The information on this questionnaire includes questions about health or medical conditions you may have, your interests and your contact information.

Joining the registry does not mean you have to participate in any study or project. If a study interests you, you will have the chance to ask questions and get all the details regarding the study before you decide to participate.

There is no cost to enroll and you can withdraw your participation in the registry at any time.

Why join?

You might join a research registry for one or more of the following reasons

- You want to help others
- You enjoy volunteering
- You want to contribute to research and help to create knowledge about aging

As a registry participant, you may be asked to contribute to research and projects that aim to improve the quality of life and care for older adults in Maine and beyond. Joining can give you an opportunity to share your thoughts and experiences. In addition, many research studies offer compensation to participants in the form of stipends, gift cards or other goods.

Eligibility criteria

- Be at least 50 years old
- Have an interest in taking part in research
- Be willing to complete a questionnaire to join and again at least once a year to update your information

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