

Fifteenth Annual Colloquium Program (Virtual)

Zoom links for all sessions and access to resources
will be sent to registrants in advance of the Colloquium.

8:30–8:40 a.m.

Introduction & Welcoming Remarks

Lenard W. Kaye, DSW, PhD, Director, UMaine Center on Aging and Professor, UMaine School of Social Work, Orono, ME

Susan Wehry, MD, Chief of Geriatrics & PI/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care University of New England College of Osteopathic Medicine, Biddeford, ME

8:40–9:20 a.m.

Principles of High Impact Age-Friendly Health Systems

Terry Fulmer, PhD, RN, FAAN, President, John A. Hartford Foundation, New York, NY

9:25–10:05 a.m.

The Challenge of Older Adult Isolation and Loneliness

Jeremy Nobel, MD, MPH, Faculty, Harvard Medical School and President, Foundation for Art & Healing and the UnLonely Project, Brookline, MA

10:10–10:50 a.m.

Looking Beyond Health Care: The Importance of the Social Determinants of Health for Rural Aging

Carrie Henning-Smith, PhD, MPH, MSW, Assistant Professor, Division of Health Policy and Management and Deputy Director, University of Minnesota Rural Health Research Center, University of Minnesota School of Public Health, Minneapolis, MN

10:50–11:10 a.m.

Break (Stretch, Take a Short Walk, or Just Relax!)

11:10 a.m.–12:10 p.m.

Panel: Using Technology to Promote Health and Social Connectivity in the Age of COVID-19

Facilitator: Judith A. Metcalf, APRN, BC, MS, Associate Program Director, Geriatrics Workforce Enhancement Program, College of Osteopathic Medicine, University of New England, Biddeford, ME

Panelists: Susan Corbett, Founder and Director, National Digital Equity Center, Machias, ME; **Danielle Louder**, Program Director, Northeast Telehealth Resource Center, Augusta, ME; **Neil Charness, PhD**, William G. Chase Professor of Psychology and Director, Institute for Successful Longevity, College of Arts & Sciences, Florida State University, Tallahassee, FL

12:10–1 p.m.

Lunch Break

1–2 p.m.

CONCURRENT WORKSHOPS

WORKSHOP A: The Use of High Risk Medications in Older Adults Including Opioids

Cliff Singer, MD, DFAPA, AGSF, Interim Medical Director, Outpatient Services & Chief, Geriatric Mental Health and Neuropsychiatry Principal Investigator, Northern Light Alzheimer's Disease Research Program, Northern Light Acadia Hospital, Bangor, ME

WORKSHOP B: Older Adult Falls Risk Assessments

Marilyn R. Gugliucci, MA, PhD, AGHEF, GSAF, AGSF, NAOMEF, Professor & Director, Geriatrics Research and Director, U-ExCEL~Older Adult Fitness Program, Division of Geriatrics University of New England College of

Osteopathic Medicine, Biddeford, ME; **Hannah C. LeBlanc**, Senior Fitness Specialist, U-ExCEL~Older Adult Fitness Program, Division of Geriatrics, University of New England College of Osteopathic Medicine, Biddeford, ME

WORKSHOP C: Dealing with the Stress and Strain of the COVID-19 Pandemic for Those Working with Older Adults

Judith Josiah-Martin, PhD, ACSW, CADC, Lecturer, School of Social Work, University of Maine, Orono, ME

2–2:20 pm

Break (Stretch, Take a Short Walk, or Just Relax!)

2:20–3:20 p.m.

Panel: Exemplars of Age-Friendly Health Care in Maine and Across America

Facilitator: Nina Tumosa, PhD, Public Health Analyst, Division of Medicine and Dentistry, Bureau of Health Workforce, Health Resources & Services Administration, Rockville, MD

Panelists: Robyn Golden, LCSW, Associate Vice President of Population Health and Aging, Rush University Medical Center, Chicago, IL; **Ellen Flaherty, PhD, APRN, AGSF**, Director, Dartmouth Centers for Health & Aging, Geisel School of Medicine at Dartmouth, Section of General Internal Medicine-Geriatrics, Lebanon, NH; **Shirley A. Frederick, MD**, Family Medicine Physician, Southern Maine Health Care Family Medicine, Maine Health, Sanford, ME

3:20–3:30 p.m.

Closing

Jennifer Crittenden, PhD, MSW, Associate Director, UMaine Center on Aging and Assistant Professor, UMaine School of Social Work