Fifteenth Annual Colloquium Program (Virtual)

8:30–8:40 a.m.
Introduction & Welcoming Remarks
Lenard W. Kaye, DSW, PhD, Director, UMaine Center on Aging and Professor, UMaine School of Social Work, Orono, ME
Susan Wehry, MD, Chief of Geriatrics & PI/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care University of New England College of Osteopathic Medicine, Biddeford, ME

8:40–9:20 a.m.
Principles of High Impact Age-Friendly Health Systems
Terry Fulmer, PhD, RN, FAAN, President, John A. Hartford Foundation, New York, NY

9:25–10:05 a.m.
The Challenge of Older Adult Isolation and Loneliness
Jeremy Nobel, MD, MPH, Faculty, Harvard Medical School and President, Foundation for Art & Healing and the UnLonely Project, Brookline, MA

10:10–10:50 a.m.
Looking Beyond Health Care: The Importance of the Social Determinants of Health for Rural Aging
Carrie Henning-Smith, PhD, MPH, MSW, Assistant Professor, Division of Health Policy and Management and Deputy Director, University of Minnesota Rural Health Research Center, University of Minnesota School of Public Health, Minneapolis, MN

10:50–11:10 a.m.
Break (Stretch, Take a Short Walk, or Just Relax!)

11:10 a.m.–12:10 p.m.
Panel: Using Technology to Promote Health and Social Connectivity in the Age of COVID-19
Facilitator: Judith A. Metcalfe, APRN, BC, MS, Associate Program Director, Geriatrics Workforce Enhancement Program, College of Osteopathic Medicine, University of New England, Biddeford, ME
Panelists: Susan Corbett, Founder and Director, National Digital Equity Center, Machias, ME; Danielle Louder, Program Director, Northeast Telehealth Resource Center, Augusta, ME; Neil Charness, PhD, William G. Chase Professor of Psychology and Director, Institute for Successful Longevity, College of Arts & Sciences, Florida State University, Tallahassee, FL

12:10–12:30 p.m.
Lunch Break

1–2 p.m.
CONCURRENT WORKSHOPS

WORKSHOP A: The Use of High Risk Medications in Older Adults Including Opioids
Cliff Singer, MD, DFAPA, AGSF, Interim Medical Director, Outpatient Services & Chief, Geriatric Mental Health and Neuropsychiatry Principal Investigator, Northern Light Alzheimer’s Disease Research Program, Northern Light Acadia Hospital, Bangor, ME

WORKSHOP B: Older Adult Falls Risk Assessments
Marilyn R. Gugliucci, MA, PhD, AGHEF, GSAF, AGSF, NAOMEF, Professor & Director, Geriatrics Research and Director, U-ExCEL–Older Adult Fitness Program, Division of Geriatrics University of New England College of Osteopathic Medicine, Biddeford, ME

2–2:20 p.m.
Break (Stretch, Take a Short Walk, or Just Relax!)

2:20–3:20 p.m.
Panel: Exemplars of Age-Friendly Health Care in Maine and Across America
Facilitator: Nina Tumosa, PhD, Public Health Analyst, Division of Medicine and Dentistry, Bureau of Health Workforce, Health Resources & Services Administration, Rockville, MD
Panelists: Robyn Golden, LCSW, Associate Vice President of Population Health and Aging, Rush University Medical Center, Chicago, IL; Ellen Flaherty, PhD, APRN, AGSF, Director, Dartmouth Centers for Health & Aging, Geisel School of Medicine at Dartmouth, Section of General Internal Medicine-Geriatrics, Lebanon, NH; Shirley A. Frederick, MD, Family Medicine Physician, Southern Maine Health Care Family Medicine, Maine Health, Sanford, ME

3:20–3:30 p.m.
Closing
Jennifer Crittenden, PhD, MSW, Associate Director, UMaine Center on Aging and Assistant Professor, UMaine School of Social Work

Zoom links for all sessions and access to resources will be sent to registrants in advance of the Colloquium.