



Sixteenth Annual University of Maine Clinical Geriatrics Colloquium (Virtual)



Advancing Anti-Racism, Diversity, Equity & Inclusion in the Delivery of Age Friendly Health Care

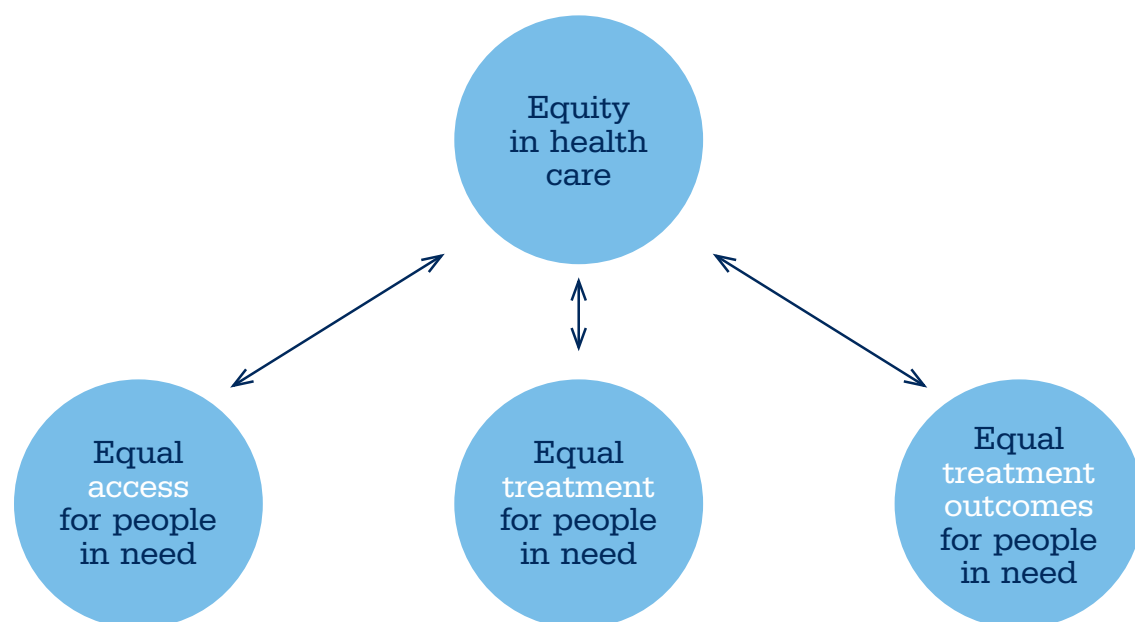
Monday, October 25, 2021 | 8:30 a.m. — 3:30 p.m.

SPECIAL NOTICE: To respect the safety and health of all of our participants, this year's colloquium will be a virtual event.

Deadline for receipt of registrations: Monday, Oct. 18, 2021

To register online with a credit card or electronic check: mainecenteronaging.umaine.edu/geriatricscolloquium

Advancing Anti-Racism, Diversity, Equity & Inclusion in the Delivery of Age Friendly Health Care



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This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$749,890.00. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).



Sixteenth Annual Colloquium Program (Virtual)

Zoom links for all sessions and access to resources will be sent to registrants in advance of the Colloquium.

8:30–8:40 a.m.

Introduction & Welcoming Remarks

Lenard W. Kaye, DSW, PhD, Director, Center on Aging and Professor, School of Social Work, University of Maine, Orono, ME; **Kody Varahramyan, PhD**, Vice President for Research and Dean of the Graduate School, University of Maine, Orono, ME; **Susan Wehry, MD**, Chief of Geriatrics & PI/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care University of New England College of Osteopathic Medicine, Biddeford, ME

8:40–9:20 a.m.

The Pandemic's Impact on the Physical and Mental Health of Older Blacks, Asians and Hispanics

Peter A. Lichtenberg, PhD, ABPP, Director Institute of Gerontology and Merrill Palmer Skillman Institute, WSU Distinguished Service Professor, Professor of Psychology, Wayne State University, Detroit, MI; **Wassim Tarraf, PhD**, Associate Professor, Institute of Gerontology & Department of Healthcare Sciences, Wayne State University, Detroit, MI

9:25–10:05 a.m.

Designing Health Promotion and Disease Prevention Programs for Vulnerable Populations

Jada Bussey-Jones, MD, Chief of General Medicine and Geriatrics, Grady Memorial Hospital and Director of Education, Urban Health Initiative, Emory University, Atlanta, GA

10:10–10:50 a.m.

Preparing the Future Workforce for the Delivery of Equitable Older Adult Health and Human Services

Robert Espinoza, MPA, Vice President of Policy, PHI, Bronx, NY

10:50–11:10 a.m.

Break (Stretch, take a short walk, or just relax!)

11:10 a.m.–12:10 p.m.

Panel: Advancing Diversity, Equity & Inclusion in the Delivery of Age Friendly Health Care

Facilitator: **Jacqueline Friedman Kreinik, MS, RN**, Nurse Consultant & Project Officer, Division Of Medicine & Dentistry, Bureau of Health Workforce, Health Resources & Services Administration, Rockville, MD
Panelists: **Anna C. Faul, PhD, DipACLM**, Executive Director and Professor, Certified Lifestyle Medicine Professional, Trager Institute, University of Louisville, Louisville, KY; **Naushira Pandya, MD, FACP, CMD**, Professor and Chair, Geriatrics Department at NSU; **Kiran C. Patel** College of Osteopathic Medicine, and Director, Geriatrics Workforce Enhancement Center, Nova Southeastern University, Fort Lauderdale, FL; **Aanand D. Naik, MD**, Robert J. Luchi, MD Chair in Geriatric Medicine, and Director, Southeast Texas Geriatrics Workforce Enhancement Program, Baylor College of Medicine, Houston, TX

12:10–1 p.m.

Lunch Break

12:20–12:50 p.m.

EngAging Project: Stories and Support for Health through Connection

Grace Ellrodt, Presenting health/environment thesis project in completion of BA from Bates College. To preview: www.engagingproject.com

1–2 p.m.

CONCURRENT WORKSHOPS

WORKSHOP A: Understanding Why Diversity, Equity, and Inclusion Are Important to Your Organization

Ayana King, CEO and Founder, Maximum Communications, LLC, Detroit, MI

WORKSHOP B: Best Practices with LGBTQ+ Older Clients and Patients

John Hennessy, Director of Advocacy and Networks, Episcopal Maine, Portland, ME

WORKSHOP C: We Are More Than Our Gray Hair: Rethinking Age and Ageism in the Healthcare Setting

Mary Lou Ciolfi, JD, MS, Program Manager, Center on Aging, University of Maine and Aging Services Consultant, Education - Consulting - Policy Research, Orono, ME

WORKSHOP D: Sensitizing Health and Human Services Providers to Racial Equity, Implicit Bias and Diversity Issues

David Patrick, MSW, Co-Founder, Racial Equity & Justice Firm, Bangor, ME; **Desiree Vargas**, Co-Founder, Racial Equity & Justice Firm, Bangor, ME

2–2:20 p.m.

Break (Stretch, take a short walk, or just relax!)

2:20–3:20 p.m.

Panel: Lightning Panel: Promising DEI Practices in Maine Organizations

Facilitator: **Kelley Strout, PhD, RN**, Director and Associate Professor, School of Nursing, University of Maine, Orono, ME
Panelists: **Jess Maurer, JD**, Executive Director, Maine Council on Aging; **Ryan Polly, PhD, MEd**, Vice President, Diversity, Equity & Inclusion, MaineHealth, Portland, ME; **Noel Bonam**, Maine State Director, AARP, Portland, ME; **Jake Grindle**, Senior Program Officer, Maine Health Access Foundation, Augusta, ME; **Marwa Hassanien, MS, MEd**, System Director, Diversity, Equity, and Inclusion, Northern Light Health, Bangor, ME

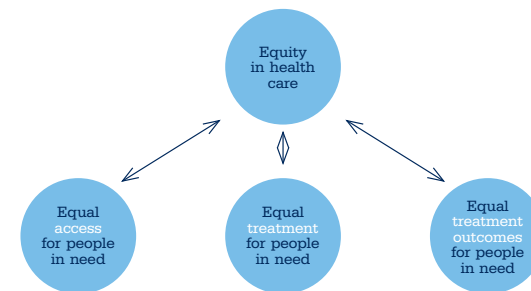
3:20–3:30 p.m.

Closing Remarks

Leila DeAndrade, PhD, Vice President of Community Impact, Maine Community Foundation, Portland, ME

About the Sixteenth Annual Colloquium

This year's colloquium, offered virtually for the second consecutive year, is dedicated to addressing the challenges surrounding the provision of age friendly health care for diverse and underserved populations of older adults. Promising strategies for advancing anti-racist, anti-ageist, inclusive, and equitable health and human services nationally and within Maine's borders will be shared. Multidisciplinary experts will gather live via Zoom before a broad audience of health and human services professionals and health care consumers to consider the progress being made in advancing inclusive and equitable health care that is evidence-based and person-centered and is equally accessible to all segments of the older adult community regardless of their racial, ethnic, and cultural backgrounds and their sexual orientation.



Colloquium Objectives

Participants will:

- Learn how to create health care workplaces committed to inclusion, equity, and belonging
- Understand the differential impact that the pandemic has had on minority older adult populations
- Describe the repercussions of exclusion and unconscious biases
- Apply frameworks and practical ways to value and appreciate human difference in the delivery of the health and human services

Who Should Attend?

- Medical, health, and behavioral health professionals who work in the fields of aging, health care, housing, aging-in-place, long-term care, and the social services
- Practitioners and students in allied health professions such as medicine, counseling, social work, nursing, law, and public health as well as public administration
- Health care clinicians, administrators, researchers, educators, care managers, supervisors, as well as community and public planners and policymakers



Continuing Education Information — (see last page)
Certificates of Attendance provided for those who wish to apply for CEUs

Colloquium Registration Form

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Regular registration fee: \$30 | Maine Gerontological Society (MGS) member fee: \$15 | Students and adults 65 years and older: Free

(Registration includes all colloquium materials, and access to all Zoom sessions (keynotes, panels, and workshops).

Registration can also be completed online at mainecenteronaging.umaine.edu/geriatricscolloquium

NAME: _____ TITLE: _____

ORGANIZATION: _____

ORGANIZATION ADDRESS: _____

EMAIL: _____ TELEPHONE: _____

WORKSHOP PREFERENCE (CHECK ONE) A ☐ B ☐ C ☐ D ☐ DO YOU WANT A CERTIFICATE OF ATTENDANCE? YES ☐ NO ☐

COMMENTS, SPECIAL REQUESTS, AND ACCOMMODATIONS NEEDED: _____

**If paying by check, detach and mail this form
with your registration fee by Monday, Oct. 18:**

UMaine Center on Aging, Sixteenth Annual Geriatrics Colloquium
Camden Hall, 25 Texas Ave., Bangor, ME 04401-4324

Questions? Contact Lenard Kaye, 207.478.6072 or len.kaye@maine.edu

The University of New England College of Osteopathic Medicine (UNE COM) is accredited by the American Osteopathic Association (AOA) and the Maine Medical Association's Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians

The AOA Council on Continuing Medical Education approved this CME Activity for a maximum of 5.0 hours of AOA Category 2-A CME credits. UNE COM designates this CME activity for a maximum of 5.0 AMA PRA Category 1 Credit(s) TM, and 5.0 University of New England contact hours for non-physicians. Contact hours may be submitted by non-physician, non-PA health professionals for continuing education credits.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the ACCME through the joint providership of University of New England, and Aging ME GWEP. University of New England is accredited by the Maine Medical Association to provide continuing medical education for physicians.