

# AGINGME GWEP

## Fall Lunch & Learn Series



UNIVERSITY OF  
NEW ENGLAND  
INNOVATION FOR A HEALTHIER PLANET



Join us for these free, live webinars  
Certificate of attendance provided

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### Friday October 1, 2021 at Noon

#### **We Are More Than Our Gray Hair: Rethinking How We View Age and Aging in Health & Social Service Settings**

Presented by Mary Lou Ciolfi, JD, MS, *Program Manager, University of Maine Center on Aging*

Our ageist tendencies run deep and it is still acceptable to speak and act in ways that are overtly and covertly ageist. This session will explore the history of our social constructions of aging and older people and review the growing science on the harmful health impact of age stereotypes and our bias, prejudice, and outright discrimination against older people. We will consider the current best practices offered by the national Reframing Aging Initiative on how we can address ageism in ourselves and in our health and social service settings.

### Friday November 5, 2021 at Noon

#### **Older adults and the Challenges that Stem from Substance Use Disorders**

Presented by Richard Gilbert, LCSW, CCS, LADC, ACSW *Clinician at Brewer Medical Center, PCHC*

This presentation will explore and define addiction and connect this to the experience(s) of the older adult. We will look at statistics that portray the platform of addiction that impacts the older adult within Maine and the US. Screening tools will also be looked at to help with identification of a SUD (Substance Use Disorder).

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Contact Polly Madson Cox with any questions [polly.madson@maine.edu](mailto:polly.madson@maine.edu)  
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