

**The Sixteenth Annual University of Maine
Clinical Geriatrics Virtual Colloquium
Advancing Anti-Racism, Diversity, Equity, and Inclusion in the Delivery of
Age-Friendly Health Care**

Monday, October 25, 2021

8:30 am - 3:30 pm

Reading Resources

Assembled by 2021-2022 UMaine Center on Aging MSW Intern Maren Leach

Journal Articles, Reports, and Other Web-based Resources

Acho, E. (2020). *Uncomfortable conversations with a black man*. Flatiron Books.

African American older adults and race-related stress. (n.d.). *American Psychological Association*, 4.

Chrisler, J. C., Barney, A., & Palatino, B. (2016). Ageism can be hazardous to women's health: ageism, sexism, and stereotypes of older women in the healthcare system. *Journal of Social Issues*, 72(1), 86–104.
<https://doi.org/10.1111/josi.12157>

Dassieu, L., & Sourial, N. (2021). Tailoring interventions for social isolation among older persons during the COVID-19 pandemic: challenges and pathways to healthcare equity. *International Journal for Equity in Health*, 20(1), 1-3.
https://link.gale.com/apps/doc/A650600322/PPNU?u=maine_orono&sid=summon&xid=d9a473af

DiAngelo, R. J. (2020). *White Fragility: Why it's so hard for white people to talk about racism*. Beacon Press.

Espinoza, R. (2017, November 8). *Racial and gender inequality is harming long-term care-but we can fix this*. HuffPost. Retrieved October 19, 2021, from
https://www.huffpost.com/entry/racial-and-gender-inequality-is-harming-long-term-care_b_5a0314e0e4b0b422a3c5ce03#.

Espinoza, R., & Accius, J. C. (2021, September 29). *Covid-19 needs a racial justice response*. ASA Generations. Retrieved October 18, 2021, from
<https://generations.asaging.org/covid-19-needs-racial-justice-response>.

Ferraro, K. F., Kemp, B. R., & Williams, M. M. (2017). Diverse aging and health inequality by race and ethnicity. *Innovation in Aging*, 1(1), 2-7. <https://doi.org/10.1093/geroni/igx002>

Franckhauser, M. (2020, February 20). Racial Disparities in Aging. *JSI*.
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Fredriksen-Goldsen, K. I., Shiu, C., Bryan, A. E. B., Goldsen, J., & Kim, H.-J. (2017). Health Equity and Aging of Bisexual Older Adults: Pathways of Risk and Resilience. *The Journals of Gerontology. Series B, Psychological Sciences and Social Sciences*, 72(3), 468–478. <https://doi.org/10.1093/geronb/gbw120>

Kendi, I. X. (2019). *How to be an antiracist*. One World.

Lee, K., Mauldin, R. L., Tang, W., Connolly, J., Harwerth, J., & Magruder, K. (2021). Examining racial and ethnic disparities among older adults in long-term care facilities. *The Gerontologist*, 61(6), 858–869. <https://doi.org/10.1093/geront/gnab035>

Llorente, M. & APA Council on Geriatric Psychiatry. (2018). *Culture, heritage, and diversity in older adult mental health care*. American Psychiatric Association Publishing. 81-210.
<http://ebookcentral.proquest.com/lib/umaine/detail.action?docID=5524377>

Northridge, M. E., Shedlin, M., Schrimshaw, E. W., Estrada, I., De La Cruz, L., Peralta, R., Birdsall, S., Metcalf, S. S., Chakraborty, B., & Kunzel, C. (2017). Recruitment of racial/ethnic minority older adults through community sites for focus group discussions. *BMC Public Health*, 17(1), 2-9.
https://link.gale.com/apps/doc/A511368419/PPNU?u=maine_orono&sid=summon&xid=a66c74f6

Rämgård, M., Carlson, E., Mangrio, E., Malmö University, Faculty of Health and Society, & Care Science (VV). (2016). Strategies for diversity: medical clowns in dementia care - an ethnographic study. *BMC Geriatrics*, 16(1), 1-8. <https://doi.org/10.1186/s12877-016-0325-z>

Rogers, S. E., Thrasher, A. D., Miao, Y., Boscardin, W. J., & Smith, A. K. (2015). Discrimination in healthcare settings is associated with disability in older adults: health and retirement study, 2008-2012. *Journal of general internal medicine*, 30(10), 1-7. <https://doi.org/10.1007/s11606-015-3233-6>

Selassie, G. (2020). Health disparities facing older adults of color. *National Health Law Program*.
<https://healthlaw.org/health-disparities-facing-older-adults-of-color-amid-covid-19-guest-blog-by-justice-in-aging/>

Sequist, T. (2021). Equity, racism and healthcare delivery systems: COVID and beyond. *The American Journal of Geriatric Psychiatry*, 29(4, Supplement),16. <https://doi.org/10.1016/j.jagp.2021.02.046>

Shippee, T. P., Akosionu, O., Ng, W., Woodhouse, M., Duan, Y., Thao, M. S., & Bowblis, J. R. (2020). COVID-19 pandemic: Exacerbating racial/ethnic disparities in long-term services and supports. *Journal of Aging & Social Policy*, 32(4–5), 323–333. <https://doi.org/10.1080/08959420.2020.1772004>

Sloane, P. D., Yearby, R., Konetzka, R. T., Li, Y., Espinoza, R., & Zimmerman, S. (2021). Addressing Systemic Racism in Nursing Homes: A Time for Action. *Journal of the American Medical Directors Association*, 22(4), 886–892. <https://doi.org/10.1016/j.jamda.2021.02.023>

Taha, S., Bernard, L., Holmes, D., & Abboud, S. (2021). Advocating for LGBTQ+ older adults: A review of the role of executive nurses. *Nursing Management (Harrow, London, England)*, 28(1), 26–30. <https://doi.org/10.7748/nm.2020.e1965>

Xiao, L. D., Willis, E., Harrington, A., Gillham, D., De Bellis, A., Morey, W., & Jeffers, L. (2017). Resident and family member perceptions of cultural diversity in aged care homes. *Nursing & Health Sciences*, 19(1), 59-65. <https://doi.org/10.1111/nhs.12302>

Zanetos, J. M., & Skipper, A. W. (2020). The effects of health care policies: LGBTQ aging adults. *Journal of Gerontological Nursing*, 46(3), 9–13. <https://doi.org/10.3928/00989134-20200203-02>