



Seventeenth Annual University of Maine **Clinical Geriatrics Colloquium (Virtual)**

Geroscience — From Cells to Community: What It Means to Your Life and Your Practice

Tuesday, November 15, 2022 | 8:30 a.m.–3:15 p.m.



SPECIAL NOTICE: The 2022 Clinical Geriatrics Colloquium will be a virtual (Zoom platform) event.

Deadline for receipt of registrations: Friday, November 11, 2022

To register online with a credit card or electronic check: mainecenteronaging.umaine.edu/geriatricscolloquium

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Seventeenth Annual Colloquium Program

Zoom links for all sessions and access to resources will be sent to registrants in advance of the Colloquium.

8:30–8:40 a.m.

Introduction and Welcoming Remarks

Lenard W. Kaye, D.S.W., Ph.D., Director, Center on Aging and Professor, School of Social Work, University of Maine, Orono, ME; **Joan Ferrini-Mundy, Ph.D.**, President, University of Maine, Orono, ME

8:40–9:20 a.m.

Regenerative Medicine and the End of Aging

Nadia Rosenthal, Ph.D., FMedSci, FAAHMS, Scientific Director, The Jackson Laboratory, Bar Harbor, ME; National Heart and Lung Institute, Imperial College, London, UK

9:25–10:05 a.m.

Pathways to Health and Longevity: The Eight-Decade Study

Leslie R. Martin, Ph.D., Professor of Psychology, La Sierra University, Riverside, CA; **Howard S. Friedman, Ph.D.**, Distinguished Professor of Psychology Emeritus, University of California Riverside, Riverside, CA

10:10–10:50 a.m.

The Future of Human Aging and Longevity

S. Jay Olshansky, Ph.D., Co-Founder and Chief Scientist, Lapetus Solutions, Inc.; Professor of Public Health, University of Illinois at Chicago, Buffalo Grove, IL

10:50–11:10 a.m.

Break (Stretch, take a short walk, or just relax!)

11:10 a.m.–12:10 p.m.

Alternative Perspectives on Geroscience, Life Span, and Longevity: Lifestyle Medicine, Biological Aging, Research Career Accessibility and Institutional Inclusion, Longevity Fitness and Economics

Facilitator: **Jennifer Crittenden, Ph.D., M.S.W.**, Assistant Professor, School of Social Work and Associate Director, Center on Aging, University of Maine, Orono, ME

Panelists: **Susan M. Friedman, M.D., M.P.H.**, AGSF, FACLM, Professor of Medicine, University of Rochester School of Medicine and Dentistry, Rochester, NY; **Cristal M. Hill, Ph.D.**, Postdoc, LSU-Pennington Biomedical Research Center, Baton Rouge, LA; **Richard W. Johnson, Ph.D.**, Director, Program on Retirement Policy, Urban Institute, Washington, D.C.

12:10–1 p.m.

Lunch Break

12:20–12:50 p.m.

Virtual visual and narrative tour of the Focus on Real Aging in Maine (FRAME) amateur and professional photo library sponsored by the Maine Community Foundation and Elder Abuse Institute of Maine and organized by the UMaine Center on Aging and the Maine Gerontological Society.

Your tour guides: **Jason Paige Smith**, Owner, Jason Paige Smith Photography, Orono, ME and **Patricia Oh, Ph.D.**, Senior Project Manager, UMaine Center on Aging, Orono, ME

1–2 p.m.

CONCURRENT WORKSHOPS

WORKSHOP A: Impatiently Waiting: Is There Hope for Progress in Alzheimer's Disease?

Cliff Singer, M.D., DFAPA, AGSF, Chief, Center for Geriatric Cognitive and Mental Health, Director, Mood and Memory Clinic and the Robert C. Strauss Neurocognitive Research Program, Northern Light Acadia Hospital and Research Professor, University of Maine, Orono, ME

WORKSHOP B: Gerontechnology: Research, Trends, and Strategies for Making Tech Relevant for Individuals and Communities

Tom Kamber, Executive Director, Older Adults Technology Services (OATS) from AARP, Brooklyn, NY

WORKSHOP C: “OK, I’m 120. Now What?” Adaptation and Growth in a New Old Age

Susan Wehry, M.D., PI/Director, AgingME, Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care, College of Osteopathic Medicine, University of New England, Biddeford, ME

WORKSHOP D: Recognizing Dependence at Every Age, Reflecting on Autonomy as We Age

Susan Bredlau, Ph.D., M.S.W., Assistant Professor, Department of Philosophy, University of Maine, Orono, ME

2–2:20 p.m.

Break (Stretch, take a short walk, or just relax!)

2:20–3:00 p.m.

Implications of the New Longevity: Redefining Aging, Transforming Medicine, and Re-imagining Life

Louise Aronson M.D., M.F.A., Professor, Division of Geriatrics, University of California San Francisco, San Francisco, CA

3:05–3:15 p.m.

Summary and Evaluation

Lenard W. Kaye, D.S.W., Ph.D., Director, Center on Aging and Professor, School of Social Work, University of Maine, Orono, ME

Sponsors



About the Seventeenth Annual Colloquium

This year's colloquium, offered virtually for the third consecutive year, is dedicated to addressing the extraordinary opportunities and projected challenges created by discoveries in the genetic, molecular, and cellular mechanisms that make aging a significant risk factor and driver of many of the later life chronic conditions and diseases.

National and international authorities will gather live via Zoom before a broad audience of health and human services professionals and health care consumers to consider the personal and clinical impacts and implications of advances in the science of aging from physical, cognitive, psychological, technological, ethical, economic, and social perspectives.

Colloquium Objectives

Participants will:

- Understand the importance of immune response and regenerative capacity in the face of injury and disease as we age and their implications for quality of life and clinical intervention
- Understand how the aging process affects the disease process and susceptibility —and vice versa
- Understand the importance of three key pathways to health and long life: patterns of conscientiousness and persistence; physical activity; and social relationships
- Describe the current debates on maximum life expectancy and life span

Who Should Attend?

- Medical, health, and behavioral health professionals who work in the fields of aging, health care, housing, aging-in-place, long-term care, and the social services
- Practitioners and students in allied health professions such as medicine, counseling, social work, nursing, law, and public health as well as public administration
- Health care clinicians, administrators, researchers, educators, care managers, supervisors, as well as community and public planners and policymakers

Continuing Education Information — (see last page)
Certificates of Attendance provided for those who wish to apply for CEUs

Zoom links for all sessions and access to resources
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Colloquium Registration Form

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Regular registration fee: \$30 | Maine Gerontological Society (MGS) member fee: \$15 | Students and adults 65 years and older: Free

Registration includes all colloquium materials, and access to all Zoom sessions (keynotes, panels, and workshops).

Registration can also be completed online at mainecenteronaging.umaine.edu/geriatricscolloquium

NAME: _____ TITLE: _____

ORGANIZATION: _____

ORGANIZATION ADDRESS: _____

EMAIL: _____ TELEPHONE: _____

WORKSHOP PREFERENCE (CHECK ONE) A B C D DO YOU WANT A CERTIFICATE OF ATTENDANCE? YES NO

COMMENTS, SPECIAL REQUESTS, AND ACCOMMODATIONS NEEDED: _____

If paying by check, detach and mail this form

with your registration fee to reach us by Friday, November 11, 2022:

UMaine Center on Aging, Seventeenth Annual Clinical Geriatrics Colloquium
Camden Hall, 25 Texas Ave., Bangor, ME 04401-4324

Questions? Contact Lenard Kaye, 207.262.7922 or len.kaye@maine.edu

The University of New England College of Osteopathic Medicine (UNE COM) is accredited by the American Osteopathic Association (AOA) and the Maine Medical Association's Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians

The AOA Council on Continuing Medical Education approved this CME Activity for a maximum of 5.75 hours of AOA Category 2-A CME credits. UNE COM designates this CME activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)™, and 5.75 University of New England contact hours for non-physicians. Contact hours may be submitted by non-physician, non-PA health professionals for continuing education credits.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the ACCME through the joint providership of University of New England, and Aging ME GWEP. University of New England is accredited by the Maine Medical Association to provide continuing medical education for physicians.