

## Seventeenth Annual Colloquium Program

Zoom links for all sessions and access to resources will be sent to registrants in advance of the Colloquium.

**8:30–8:40 a.m.**

### Introduction and Welcoming Remarks

**Lenard W. Kaye, D.S.W., Ph.D.**, Director, Center on Aging and Professor, School of Social Work, University of Maine, Orono, ME; **Joan Ferrini-Mundy, Ph.D.**, President, University of Maine, Orono, ME

**8:40–9:20 a.m.**

### Regenerative Medicine and the End of Aging

**Nadia Rosenthal, Ph.D.**, FMedSci, FAAHMS, Scientific Director, The Jackson Laboratory, Bar Harbor, ME; National Heart and Lung Institute, Imperial College, London, UK

**9:25–10:05 a.m.**

### Pathways to Health and Longevity: The Eight-Decade Study

**Leslie R. Martin, Ph.D.**, Professor of Psychology, La Sierra University, Riverside, CA; **Howard S. Friedman, Ph.D.**, Distinguished Professor of Psychology Emeritus, University of California Riverside, Riverside, CA

**10:10–10:50 a.m.**

### The Future of Human Aging and Longevity

**S. Jay Olshansky, Ph.D.**, Co-Founder and Chief Scientist, Lapetus Solutions, Inc.; Professor of Public Health, University of Illinois at Chicago, Buffalo Grove, IL

**10:50–11:10 a.m.**

**Break** (Stretch, take a short walk, or just relax!)

**11:10 a.m.–12:10 p.m.**

**Alternative Perspectives on Geroscience, Life Span, and Longevity: Lifestyle Medicine, Biological Aging, Research Career Accessibility and Institutional Inclusion, Longevity Fitness and Economics**

**Facilitator:** **Jennifer Crittenden, Ph.D., M.S.W.**, Assistant Professor, School of Social Work and Associate Director, Center on Aging, University of Maine, Orono, ME

**Panelists:** **Susan M. Friedman, M.D., M.P.H.**, AGSF, FACLM, Professor of Medicine, University of Rochester School of Medicine and Dentistry, Rochester, NY; **Cristal M. Hill, Ph.D.**, Postdoc, LSU-Pennington Biomedical Research Center, Baton Rouge, LA; **Richard W. Johnson, Ph.D.**, Director, Program on Retirement Policy, Urban Institute, Washington, D.C.

**12:10–1 p.m.**

### Lunch Break

**12:20–12:50 p.m.**

**Virtual visual and narrative tour of the Focus on Real Aging in Maine (FRAME) amateur and professional photo library sponsored by the Maine Community Foundation and Elder Abuse Institute of Maine and organized by the UMaine Center on Aging and the Maine Gerontological Society.**

**Your tour guides:** **Jason Paige Smith**, Owner, Jason Paige Smith Photography, Orono, ME and **Patricia Oh, Ph.D.**, Senior Project Manager, UMaine Center on Aging, Orono, ME

**1–2 p.m.**

### CONCURRENT WORKSHOPS

**WORKSHOP A: Impatiently Waiting: Is There Hope for Progress in Alzheimer's Disease?**

**Cliff Singer, M.D., DFAPA, AGSF**, Chief, Center for Geriatric Cognitive and Mental Health, Director, Mood and Memory Clinic and the Robert C. Strauss Neurocognitive Research Program, Northern Light Acadia Hospital and Research Professor, University of Maine, Orono, ME

**WORKSHOP B: Gerontechnology: Research, Trends, and Strategies for Making Tech Relevant for Individuals and Communities**

**Tom Kamber**, Executive Director, Older Adults Technology Services (OATS) from AARP, Brooklyn, NY

**WORKSHOP C: “OK, I’m 120. Now What?” Adaptation and Growth in a New Old Age**

**Susan Wehry, M.D.**, PI/Director, AgingME, Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care, College of Osteopathic Medicine, University of New England, Biddeford, ME

**WORKSHOP D: Recognizing Dependence at Every Age, Reflecting on Autonomy as We Age**

**Susan Bredlau, Ph.D., M.S.W.**, Assistant Professor, Department of Philosophy, University of Maine, Orono, ME

**2–2:20 p.m.**

**Break** (Stretch, take a short walk, or just relax!)

**2:20–3:00 p.m.**

**Implications of the New Longevity: Redefining Aging, Transforming Medicine, and Re-imagining Life**

**Louise Aronson M.D., M.F.A.**, Professor, Division of Geriatrics, University of California San Francisco, San Francisco, CA

**3:05–3:15 p.m.**

### Summary and Evaluation

**Lenard W. Kaye, D.S.W., Ph.D.**, Director, Center on Aging and Professor, School of Social Work, University of Maine, Orono, ME