

## Refreshments will be served!

The UMaine Center on Aging is pleased to present the **2023 Older Adult Health and Wellness Fair**! This three-hour, **FREE** event will bring together a wide array of exhibitors and participants to provide wellness opportunities and health information to older adults and caregivers in our community. Health screenings, education opportunities, and information about local volunteer groups are just some of the exciting booths older adults can expect to find at the fair. This event is one of many happening during **Maine Impact Week**.

## **Exhibitors:**

Center on Aging
School of Nursing
Department of Psychology
Eastern Area Agency on Aging
Penobscot Valley Senior College
City of Bangor Livable Communities/Age Friendly
UMaine Online and the Division of Lifelong Learning
Tenacity: Portraits of Aging in Maine
Conley Speech and Hearing Center
School of Food and Agriculture
Northern Light Acadia Hospital
UMaine Campus Recreation
Thriving Elders

## For further information contact:

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Please visit umaine.edu/impactweek for more details!

