Eighteenth Annual University of Maine
Clinical Geriatrics Colloquium (Hybrid)
SEXUAL HEALTH AND AGING

Wednesday, October 25, 2023  |  8:30 a.m.–3:15 p.m.
Wells Conference Center, University of Maine, Orono, ME

This year’s hybrid Colloquium is part of the Second Maine Research Symposium on Biomedical Science and Engineering scheduled for Wednesday-Friday, October 25-27, 2023 on the University of Maine Orono campus. To register for the 3-day, in-person only Research Symposium, please go to umaine.edu/medicine/2023-symposium/2023-registration/

SPECIAL NOTICE: The 2023 Clinical Geriatrics Colloquium will be a hybrid (combined in-person and Zoom platform) event. Deadline for receipt of registrations: Friday, October 20, 2023

To register online with a credit card or electronic check go to: bit.ly/45kjtR5

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This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $749,891.00 in grant Y05. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.
Eighteenth Annual Colloquium Program

8:30–8:40 a.m.

Introduction and Welcoming Remarks

Lenard W. Kaye, DSW, PhD, Director, Center on Aging; Professor, School of Social Work; and Interim Director, Graduate School of Biomedical Science and Engineering, University of Maine, Orono, ME; Richard J. Hodes, MD, Director, National Institute on Aging, National Institutes of Health, Bethesda, MD (Invited)

8:40–9:30 a.m.

Erectile Dysfunction: Modern Diagnosis and Treatment

Graham T. VerLee, MD, Primary Care Practitioner, Maine Medical Partners Urology and Stephens Center for Specialty Care, South Portland and Norway, ME

Sexual Health After Menopause

Christina Theriault, MSN, BSN, Women's Health Nurse Practitioner, Maine Family Planning, Fort Kent and Presque Isle, ME

9:30–10:10 a.m.

Age is Not a Condom: Medications and Sexual Health in Older Adults

Gabrielle E. Hill, PharmD, BCPS, PACT Clinical Pharmacy Practitioner, VA Maine Healthcare System, Portland, ME; Leslie A. Ochs, PharmD, PhD, BCPS, Clinical Pharmacy Specialist, Geriatrics and Palliative Care, Togus Veterans Affairs Medical Center, Augusta, ME

10:10–10:50 a.m.

Sexuality at any Age: Debunking Common Myths About Sexuality and Aging

Christine M. Curley, PhD, JD, Visiting Assistant Professor, Wesleyan University, Middletown, CT

10:50–11:10 a.m.

Break (Stretch, take a short walk, or just relax!)

11:10 a.m.–12:10 p.m.

PANEL: Diverse Perspectives on Sexuality and Intimacy in Later Life

Facilitator: Cliff Singer, MD, DFAPA, AGSF, Chief, Center for Geriatric Cognitive and Mental Health, Director, Mood and Memory Clinic and the Robert C. Strauss Neurocognitive Research Program, Northern Light Acadia Hospital and Research Professor, University of Maine, Orono, ME

Panelists: Sandra L. Caron, PhD, Professor of Family Relations/Human Sexuality and Program Coordinator, Human Development & Family Studies, University of Maine, Orono, ME; James Moorhead, Healthy Aging Services Manager, Office of Aging and Disability Services, Maine Department of Health and Human Services, Augusta, ME; Thomas Meuser, PhD, Director, Center for Excellence in Aging & Health, Clinical Psychologist & Applied Gerontologist, and Professor of Health, Wellness & Occupational Studies University of New England, Portland, ME

12:10–1 p.m.

Lunch Break

12:20–12:50 p.m.

Special Luncheon Presentation (Sponsored by Desert Harvest) Lifelong Desire: Insights Into Sexual Well-Being After 50

Amanda Gesselman, PhD, Associate Director for Research, Head of Research Analytics and Methodology Core, Anita Aldrich Endowed Research Scientist, and Research Fellow, Rural Center for AIDS/STD Prevention, Kinsey Institute, Indiana University, Bloomington, IN

2–2:20 p.m.

Break (Stretch, take a short walk, or just relax!)

2:20–3:00 p.m.

PANEL: First Person Narratives on Intimacy, Relationships, and Sexuality By Adults Living With Dementia

Facilitator: Susan Wehry, MD, PI/Director, AgingME, Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care, College of Osteopathic Medicine, University of New England, Biddeford, ME

Panelists: Members, Dementia Action Alliance (DAA), Charlottesville, VA

3:00–3:15 p.m.

Closing and Evaluation

Lenard W. Kaye, DSW, PhD, Director, Center on Aging, Professor, School of Social Work, and Interim Director, Graduate School of Biomedical Science and Engineering, University of Maine, Orono, ME

WORKSHOP A: Experiencing the Benefits of Yoga to Enhance Sexuality as We Age

Melora Gregory, Yoga Instructor E-RYT 500, meloraYoga.com, Portland, ME

WORKSHOP B: Frisky Business: The Importance of Comprehensive Sex Positive Education for Aging and Sexual Health in Adults 65+

Gwendolyne Tuttle, MSW, LCSW, Clinical Coordinator, Cornerstones of Maine, and Psychotherapist, Portland, ME; Lacee DeLorey, Program Coordinator, Cornerstones of Maine, Biddeford, ME

WORKSHOP C: Sex and Seniors: Supporting the Rights of Sexual Expression While Protecting the Vulnerable

Kelly McCarthy, NIDE, BC-Ded, Vice President, Resident Engagement and Memory Care Services, Northbridge Communities, Burlington, MA
Participants will:
• Understand the relationship between physiological processes (endocrine, neurologic, vascular, and cardiac) and the psychology of sexual aging (desire, intimacy, body image)
• Understand the role that medications play in late life sexual expression
• Understand the impact of brain health and cognitive change on sexual behavior
• Describe current policies, practices and programming in addressing sexuality and intimacy behaviors and needs in community and long-term care settings

Who Should Attend?
• Medical, health, and behavioral health professionals who work in the fields of aging, health care, housing, aging-in-place, long-term care, and the social services
• Practitioners and students in allied health professions such as medicine, counseling, social work, nursing, law, and public health as well as public administration
• Health care clinicians, administrators, researchers, educators, care managers, supervisors, as well as community and public planners and policymakers
Colloquium Registration Form

Eighteenth Annual University of Maine Clinical Geriatrics Colloquium (Hybrid - In person and Zoom)

Sexual Health and Aging | Wednesday, October 25, 2023 | Wells Conference Center, University of Maine, Orono, ME & Zoom

Regular in-person registration fee: $40 | Maine Gerontological Society (MGS) member fee: $20 | Students and adults 65 years and older: Free
Regular Virtual (Zoom webinar) registration fee: $25 | Maine Gerontological Society (MGS) virtual (Zoom webinar) member fee: $10 | Students and adults 65 years and older (Zoom webinar): Free

(In-person registration includes all Colloquium materials, access to all sessions (Zoom & In-person) (keynotes, panels, and workshops) continental breakfast, and lunch. Virtual (Zoom webinar) registration fee includes all Colloquium materials and access to all sessions (keynotes, panels, and workshops).
Registration can also be completed online at bit.ly/45kjtR5

NAME:________________________________________________________________________________________
TITLE:_________________________________________________________________________________________________

ORGANIZATION: ______________________________________________________________________________________________________________________________________________________________

ORGANIZATION ADDRESS: ___________________________________________________________________________________________________________________________________________________________

EMAIL: ____________________________________________________________________________________________________ TELEPHONE: ________________________________

WORKSHOP PREFERENCE (CIRCLE ONE) A  B  C  DO YOU WANT A CERTIFICATE OF ATTENDANCE?  YES  NO

COMMENTS, SPECIAL REQUESTS, AND ACCOMMODATIONS NEEDED:______________________________________________________________________________________________

I WILL BE ATTENDING: _______ IN PERSON _______ VIA ZOOM

If paying by check (payable to the UMaine Center on Aging), detach and mail this form with your registration fee to reach us by Friday, October 20, 2023:
UMaine Center on Aging, Eighteenth Annual Clinical Geriatrics Colloquium Camden Hall, 25 Texas Ave., Bangor, ME 04401-4324

Questions? Contact Lenard Kaye, 207.262.7922 or len.kaye@maine.edu

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