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GRN 500: Opportunities and Challenges of Aging (Aug. 28 – Dec. 8, 2023)

**Instructor: Lenard Kaye, Professor, UMaine School of Social Work
and Director, UMaine Center on Aging**

This on-line course addresses the special challenges and opportunities associated with aging with a special focus on growing old in small towns and rural communities. In addition, it centers on the assessment, treatment, and service delivery implications of practice for a range of health and human service practitioners in the context of age friendly health systems. The experience of aging, gerontological theories of aging, and current health and human service policies and programs which impact diverse groups of older adults and their families will be considered. The role and status of older adults as a population group and a potential patient/client group will be considered recognizing that elders bring both needs and resources to families, communities, and the professional helping relationship. Age friendly principles of practice and the 4Ms will be a point of focus. **This course partially satisfies the requirements for obtaining the University of Maine's Interprofessional Graduate Certificate in Gerontology. [credits: 3]**

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