The University of Maine
18th Annual Clinical Geriatrics Colloquium
Wells Conference Center
(In-Person & Zoom)
Orono, ME
Wednesday, October 25, 2023

Theme: Sexual Health & Aging

Reading and Video Resources

Assembled by:
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1. Physiology of sexual aging: endocrine, neurologic, vascular, cardiac


2. Psychology of sexual aging: desire, intimacy, body image, etc.


3. **Chronic health conditions and sexuality in old age**


4. **Pelvic floor health and sexuality**


5. **Risks and benefits of hormone replacement for women and men**


6. **Dementia and sexuality**

Clinical Geriatrics Colloquium 2023


7. Conjugal visits and long-term care


8. Social isolation and sexuality

Jecker, N. S. (2020). Nothing to be ashamed of: Sex robots for older adults with disabilities. *Journal of Medical Ethics, 47*, 26-32. [http://dx.doi.org/10.1136/medethics-2020-106645](http://dx.doi.org/10.1136/medethics-2020-106645)

9. LGBTQ in late life

Clinical Geriatrics Colloquium 2023


10. Depression and desire


11. Treatment of low libido, painful intercourse, ED, etc.


12. Medications’ effects on libido, orgasm, arousal physiology, etc.

Gray’s Medicine (2021, April 22). Seven types of drugs that can inhibit sex drive and libido, Part 1 [Video]. YouTube. https://youtu.be/P5wy3eZcSLI

Gray’s Medicine (2021, April 23). Seven types of drugs that can inhibit sex drive and libido, part 2 [Video]. YouTube: https://youtu.be/BmRoW-6Wtug