



CareWallet

Simplifying family caregiving for older adults

Are you providing care or coordinating care for someone with dementia (including Alzheimer's)?

The UMaine Center on Aging invites you to take part in a research study of the Care-Wallet web application.

Research participants will receive \$100 in compensation for completing surveys and an interview.

Care-Wallet is a secure web application designed for those coordinating care.



Personalized care planning & guidance

Healthcare benefits & resources navigation

Collaborative care among family members

Specialized support from care managers



As a caregiver or someone coordinating care, you may be juggling many things simultaneously:

- Managing medications
- Coordinating healthcare appointments
- Helping with care transitions
- Figuring out healthcare benefits
- Tracking and paying for care expenses
- Looking for guidance on care options
- Worrying about their safety
- Struggling with their behavioral changes

Care-Wallet is here to simplify and enhance your caregiving journey, making it easier for you to manage this care at home in a proactive and supported manner.

Eligibility criteria for taking part in the Care-Wallet Study:

- You are providing care or coordinating care for someone with dementia (including Alzheimer's)
- The person you care for or are coordinating care for resides in Maine or Massachusetts.
- The person you care for or are coordinating care does not reside full time in a care facility
- You spend at least a few hours a month providing or coordinating care as determined by a screening survey.
- You have room to grow in your confidence as a caregiver as determined by a screening survey.
- You have a desktop or laptop computer and internet access
- You have not used Care-Wallet in the past/You are a new Care-Wallet user

Complete a ten minute screening survey at:
<https://bit.ly/carewallet> or by [Clicking Here](#)
A Care-Wallet staff member will be in touch by email about your eligibility.

About the study

The purpose of this research is to 1) understand the impact of using Care-Wallet on caregiver preparedness for caregiving, confidence in caregiving, and burden from caregiving. 2) Get feedback about satisfaction with Care-Wallet features.

The Principal Investigator is Dr. Jennifer Crittenden, assistant professor of social work at the University of Maine and Associate Director for Research at the University of Maine Center on Aging. The study is voluntary.

To help evaluate Care-Wallet, you will be asked to complete a series of three electronic surveys during the process of using Care-Wallet and a half hour interview with researchers at the end of your study participation.

Information you will be asked to provide through surveys and interview include:

- Demographic information about you
- Information about the health and functioning of the person you care for
- Your satisfaction and feedback about the Care-Wallet care planning process
- Ratings of your preparedness for caregiving, confidence in caregiving, and stress experienced from caregiving.

The estimated time to participate the Care-Wallet process and study surveys/interview is 5-8 hours over 7 weeks. The information you provide will be confidential.

If you have any questions, please contact study coordinator
Rachel Coleman at rachel.coleman@maine.edu